

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:30 Chair Tai Chi **5**
 11 Penny Ante Game
 11:30 Smooth Jazz Favorites
1:30 United Church of Christ Service (1st fl. lounge)
 2 Spring Break Tour & ESPY Awards Coming to You (1st, 2nd & 3rd fls)
 6 Movie Night (theatre)

10 Exercise **6**
 10:30 How Do I Love Thee
 11 What's in A Name
 1:30 Bingo
 3 Ping Pong Toss
 4 Unwind with Mindful Meditation: Relaxing Sights & Sounds (theatre)
Purim begins at sundown

10 Reach & Stretch **7**
 10:30 What Would You Say
 11 Getting to Know Plácido Domingo
 1:30 Manicures, Music & Hand Massages
 3 Armchair Travel To: Sunny Spain (theater)
 6 Game Night (resident led)
Ole! Celebrate Spain Day

10 Easy Cardio Exercises **8**
 10:30 Finishing Lyrics
 11 Make & Give: Mini Compli-mint Treat Bags
 1:30 Watercolor Painting: Famous Works of Art Remastered by You!
 3:30 Indoor Walking Challenge (meet in lobby)
World Compliment Day

10 Reach & Stretch **2**
10:30 Activity Planning Mtg.
11 Resident Council Mtg
 1:30 Black Jack 21
 2:30 Relax & Rejuvenate with Guided Meditation (theatre)
 4 Frisbee Can Slam
6 Music Bingo Night! (upgrade your prize if you want to by singing a tune if you win)

10 Morning Stretch **3**
 10:30 The Logo Game
 11 Stories to Warm Your Heart
 1:30 A-Mazing Challenge
2 Memories & Songs with Gary Schaeffer
 4 Mexican Train Dominoes (resident led)

10:30 Chair Yoga **4**
 11 Collector's Corner & Cappuccino
 1:30 Bell's Telephone Line & It's About Time Coming to You (1st, 2nd & 3rd fls)
 2:30 Saturday Afternoon Social (café)
 6 Movie Night (theatre)

10:30 Exercise **12**
11 Marbled Muffins & Mock Mimosas
 11:30 Christian Music
 1:30 Who's Who & The Oscar Goes to... Coming to You (1st, 2nd & 3rd fls)
2 Bible Baptist Church Service (1st fl lounge)
 6 Movie Night (theatre)
Daylight Saving Time begins

10 Exercise **13**
 10:30 Out of Order Game
 11 Good News in Review
 1:30 Bingo
 3 Name That Instrument (theatre)
4 St. Agnes Mass (1st fl lounge)

10 Reach & Stretch **14**
 10:30 Morning Devotion
11 Talk & Taste: The History of Potato Chips & Chocolate Covered Sampler
 1:30 Scrabble Poker
 3 March Madness Scavenger Hunt (meet in lobby)
 6 Game Night (resident led)
Potato Chip Day

10 Easy Cardio Exercises **15**
 10:30 Coffee Club & Chronicles
 11 Learn the Fastest Growing Language: ASL Sign Language
 1:30 Acrylic Painting: Step by Step Southwestern Sunset
 3:30 Indoor Walking Challenge (meet in lobby)

10 Bible Study w/ Penny 16 (1st fl lounge)
 10:30 Words in A Word
 11 (1st fl lounge)
1:30 Scenic Drive & Donuts (Sign up by 9 am on 2nd fl. theatre)
 2 Color Therapy by Design
 3:30 A Step Back in Time to The Swinging 70's (theater)
6 Hidden Meadows Chorus

10 Morning Stretch **17**
 10:30 Who Am I?
11 Luck of The Irish
2:30 Saint Patrick's Day Minty Parfait Social (café)
 4 Mexican Train Dominoes (resident led)
Saint Patrick's Day

10:30 Chair Tai Chi **18**
11 Creative Crafting: Spring Door Décor
 1:30 Which Way & Kewpie Doll Day Coming to You (1st, 2nd & 3rd fls)
 2:30 Saturday Afternoon Social (café)
 6 Movie Night (theatre)

10:30 Chair Yoga **19**
11 Niki & Miss Jojo Therapy Dog Visit
 11:30 Gospel Music
 1:30 Tall Tales & Fables & Folktales Coming to You (1st, 2nd & 3rd fls)
 2 Table Games (resident led)
 6 Movie Night (theatre)

10 Exercise **20**
 10:30 Brain Quest
 11 *Spring* into March
 1:30 Bingo
 3 Create A Happiness Collage
 4 Gateway to The West: Travel to The Black Hills & The Badlands (theatre)
Spring begins today

10 Reach & Stretch **21**
 10:30 Mythbusters- Can It Be True?
 11 A Salute to Poet-tree Day
 1:30 Manicures, Music & Hand Massages
 3 Table Top Ring Toss
 6 Game Night (resident led)

10 Easy Cardio Exercises **22**
 10:30 Scruples: What Would You Do?
 11 Balloon Sculpting for Beginners
 1:30 Watercolor Painting: Signs of Spring Time
 3:30 Building Better Balance
Ramadan begins this evening

10 Bible Study w/ Penny 23 (1st fl lounge)
 10:30 Country Music Hits
 11 You Be the Judge (1st fl. lounge)
1:30 Outing: Big Lots Discount Variety Store (Sign up by 9 am on 2nd fl theatre)
 2 Stained Glass Look- Paper Tiffany Designs
 4 Rebound Shuffleboard

10 Morning Stretch **24**
 10:30 Daffy Definitions
 11 Explore America
 1:30 You Tube Karaoke (theatre)
2:30 Chef's Demo & Taste Social (3rd fl dining room)
 4 Mexican Train Dominoes (resident led)

10:30 Exercise **25**
 11 Gizmos & Gadgets: Guess What It Is
 1:30 March Madness Fill In & Find & Tricks of The Mind Coming to You (1st, 2nd & 3rd fls)
 2:30 Saturday Afternoon Social (café)
 6 Movie Night (theatre)

10:30 Exercise **26**
 11 Bible Outburst
 11:30 Hymn Sing
 1:30 Kenny Chesney You Want to Know & Word Searches to Go Coming to You (1st, 2nd & 3rd fls)
 2 Table Games (resident led)
 6 Movie Night (theatre)

10 Exercise **27**
 10:30 Finishing Words
 11 Good News in Review
 1:30 30 Minute 30 Ball Bingo
2:30 Wine Flight & Cheese Delight (café)
4 Pray the Rosary (theatre)

10 Reach & Stretch **28**
 10:30 The Game of Things
 11 Technology Tuesday Tips & Tricks
 1:30 Manicures, Music & Hand Massages
 3 Darts Challenge
 6 Game Night (resident led)

10 Easy Cardio Exercises **29**
 10:30 Cocoa & Convo
 11 Name That Theme Song
 1:30 The Stories Behind the Art and Artists
 3:30 Indoor Walking Challenge (meet in lobby)

10 Bible Study w/ Penny 30 (1st fl lounge)
 10:30 Unscramble This
 11 Name 5 (1st fl. lounge)
1:30 Outing: Scenic Drive by The Lakeside (Sign up by 9 am on 2nd fl theatre)
 2 Mandalas & Mood Music
 4 Wii Bowling (theatre)
6 Hollywood Ringo Game

10 Morning Stretch **31**
 10:30 Say It with Music
 11 The Sentinel
 1:30 Group Crossword Puzzle
 2:30 Mini Mysteries & Mug Root Beer
 4 Mexican Train Dominoes (resident led)



Please note: outdoor activities are weather permitting and calendar is subject to change.

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