

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>10 Sit & Be Fit 10:30 Finishing Lyrics 11 All About December 1:30 Tree Trimming 2:30 Make & Take: Peppermint Bark Day Delights 4 Mexican Train Dominoes (resident led)</p>
<p>10:30 Exercise 11 Bible Outburst 11:15 Catholic Communion with Terri (2nd fl. theatre) 1:30 Andy Who? & Rebuses Coming to You (1st, 2nd & 3rd fls) 2 Table Games (resident led) 6 Movie Night (theatre)</p>	<p>10 Exercise 10:30 World Wildlife Day: Endangered & Beyond 11 Musical Spotlight on Dennis Wilson & The Beach Boys 1:30 Bingo 3:30 Indoor/Outdoor Walk or Roll Challenge (meet in lobby)</p>	<p>10 Reach & Stretch 10:30 11 Surviving the Bermuda Triangle- Guessing Game 1:30 Manicures, Music & Hand Massages 3 Standing Balance 5:30 Game Night (resident led)</p>	<p>10 Sit & Be Fit 10:30 That's It! 11 Tree Poetry Day-The Works of Joyce Kilmer 1:30 Creative Arts: What A Gem Holiday Card Creations 3:30 Nature's Finest- Web Cam Wonders (theatre)</p>	<p>10 Exercise 10:30 Activity Meeting 11 Resident Council Mtg. 1:30 Outing: Ollie's 2 Colorful Designs 3:30 Hole in One 5:30-7:30 Family Night: Cookies, Cocoa & Holiday Crafts Hanukkah Begins at Sundown</p>	<p>10 Easy Cardio Exercises 10:30 Name That Group 11 Farmer's Almanac Predicts 1:30 Relax & Rejuvenate with Guided Meditation (theatre) 2:30 Hanukkah Celebration: Lights to Latkes 4 Mexican Train Dominoes (resident led)</p>	<p>10:30 Exercise 11 Hollywood Ringo Game 1:30 Mutt Day Facts & Fun & Word Games by The Ton Coming to You (1st, 2nd & 3rd fls) 2:30 Saturday Afternoon Social (café) 6 Movie Night (theatre)</p>
<p>10:30 Chair Yoga 11 Gizmos & Gadgets Guessing Game 11:30 Hymns to Him 1:30 Mississippi Day & Do Cardinals Stay Coming to You (1st, 2nd & 3rd fls) 2 Bible Baptist Service (1st fl.) 6 Movie Night (theatre)</p>	<p>10 Exercise 10:30 Who Am I? 11 Acrylic Skins Paint Pouring 1:30 Bingo 3:30 Indoor/Outdoor Walk or Roll Challenge (meet in lobby) 5:30 Campus Outing: To See Local Holiday Lights</p>	<p>10 Reach & Stretch 10:30 Travel Tales Tuesday 11 Can You Jenga 1:30 St. Agnes Church Mass (1st floor lounge) 3 Crafting Poinsettia Pins 6 Nutcracker Bingo Game Night!</p>	<p>10 Sit & Be Fit 10:30 Claim to Fame 11 Daily Chronicles & Doses of Laughter 1:30 Creative Arts: Acrylic Cabochon Key Chains 3:30 Discovering Egypt (theatre)</p>	<p>10 Bible Study w/ Penny (1st fl lounge) 10:30 Mandalas & Mood Music 11 Minute Mysteries (1st fl. lounge) 1:30 Scrabble Poker 3:30 Darts Challenge</p>	<p>10 Sit & Be Fit 10:30 Chicken or The Egg 11 Stories That Will Warm Your Heart 1:30 Frisbee Can Slam 2:30 December Birthday Social (café) 4 Mexican Train Dominoes (resident led)</p>	<p>10:30 Exercise 11 Amigo Bingo Game 1:30 Jokes on The Go & Rita Moreno Coming to You (1st, 2nd & 3rd fls) 2:30 Saturday Afternoon Social (café) 6 Movie Night (theatre) Las Posadas Begins Today</p>
<p>10:30 Exercise 11 Amen Corner 11:30 Gospel Greats 1:30 What's Your Sign & Color Designs Coming to You (1st, 2nd & 3rd fls) 2 Table Games (resident led) 6 Movie Night (theatre)</p>	<p>10 Exercise 10:30 The Logo Game 11 History Decoded: Where Did the Confederacy's Gold Go? 1:30 Bingo 3:30 Indoor/Outdoor Walk or Roll Challenge (meet in lobby)</p>	<p>10 Reach & Stretch 10:30 Obama Llama 11 Stories from Beyond 1:30 Manicures, Music & Hand Massages 3 Standing Balance 5:30 Game Night (resident led)</p>	<p>10 Sit & Be Fit 10:30 History Decoded 11 Music Trivia & Tidbits 1:30 Resident Holiday Gift Getting Gathering 3:30 Railroad Journey to The Mediterranean Islands (theatre)</p>	<p>10 Bible Study w/ Penny (1st fl lounge) 10:30 Couponing for A Cause 11:15 Out to Lunch: Red Robin 1:30 Velvet Art Designs 3 Group Crossword Puzzle 6 Liberty Trail Girl Scouts Christmas Carols Sing Along Winter Begins Today</p>	<p>10 Easy Cardio Exercises 10:30 Scruples 11 Scents of The Season 1:30 Relax & Rejuvenate with Guided Meditation (theatre) 2:30 Mr. & Mrs. Right 4 Mexican Train Dominoes (resident led)</p>	<p>10:30 Chair Tai Chi 11 Collectors Corner & Cranberry Coolers 1:30 Madam C.J. Walker an Honor to Know & All About Mistletoe Coming to You (1st, 2nd & 3rd fls) 2:30 Saturday Afternoon Social (café) 6 Movie Night (theatre)</p>
<p>10:30 Chair Yoga 11 Chicken Soup for The Christmas Soul 11:30 Hymns to Him 1:30 'Twas The Night Before & Puzzles Galore Coming to You (1st, 2nd & 3rd fls) 2 Table Games (resident led) 6 Movie Night (theatre)</p>	<p>10:30 Yule Log Favors 11 Christmas Songs Sing Along Holiday meal served at Lunch 1 NFL Raiders vs. Chiefs (theatre/CBS) 2:30 Table Games (resident led) 6 Holiday Film Fest (theatre) Christmas Day</p>	<p>10 Reach & Stretch 10:30 I Should Have Known That! 11 Technology Tuesday Tips 1:30 Customs & Traditions of Kwanzaa 3 Scavenger Hunt (meet in lobby) 5:30 Game Night (resident led) Kwanzaa Begins Today</p>	<p>10 Sit & Be Fit 10:30 Mental Floss Trivia 11 Today in History 1:30 Creative Arts: Winter Wonderland Watercolor Painting 3:30 Seven Worlds One Planet: Europe (theatre)</p>	<p>10 Bible Study w/ Penny (1st fl lounge) 10:30 Words in A Word 11 Fact or Fiction (1st fl. lounge) 1:30 Outing: Scenic Drive & Donuts 2 Mosaic Sticker Designs 3:30 Rebound Shuffle Board</p>	<p>10 Sit & Be Fit 10:30 Family Feud Game 11 Science Facts & Hacks 1:30 Wii Bowling (theatre) 2:30 Chef's Demo & Sample Social 4 Mexican Train Dominoes (resident led)</p>	<p>10:30 Exercise 11 Quick & Easy Crafting: Winter Door Decor 1:30 Search & Find & People Who Are Kind Coming to You (1st, 2nd & 3rd fls) 2:30 Saturday Afternoon 6 Movie Night (theatre)</p>
<p>10:30 Exercise 11 Bible Bingo 11:30 Spiritual Music 1:30 2023 in Review & Big Ben Coming to You (1st, 2nd & 3rd fls) 2 Table Games (resident led) 6 Movie Night (theatre)</p>						

December 2023

May this holiday season bring you peace and happiness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30 Aviary Bird Club 10 Reach & Stretch 10:30 All About December 11 Make Peppermint Bark Day Delights 1:30 Tree Trimming 2:30 Twist & Shout 3:30 Progressive Story Telling 6 Good Old Days
10 Popular Music Favorites 10:30 Movie Matinee 11 Table Talk 11:45 Catholic Communion with Terri 1:30 Bible Outburst 2:30 Watercolor Painting 3:30 Exercise 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Easy Cardio Exercise 10:30 Black Jack 21 11 Today in History 1:30 World Wildlife Day: Website Wonders 2:30 Tic, Tac, Toss Game 3:30 Beach Boys Boogie 6 Tabletop Detective	9:30 Aviary Bird Club 10 Exercise 10:30 Daily Chronicles & Doses of Laughter 11 Ornamental Designs 1:30 Bingo 2:30 Say It with Music 3:30 Frisbee Can Slam 6 Good Old Days	9:30 Aviary Bird Club 10 Sit & Be Fit 10:30 Tree Poetry Day-The Works of Joyce Kilmer 11:15 Out to Lunch: Roy Ann Diner 1:30 Table Games 2:30 Creative Arts: What A Gem Holiday Card Creations 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Exercise 10:30 Good News Review 11 Family Feud Game 1:30 Favorite Things Picture Collage Making 2:30 Bucket Ball Game 3:30 Say It with Music 6 Good Old Days Hanukkah Begins at Sundown	9:30 Aviary Bird Club 10 Exercise 10:30 Kids Say the Funniest Things 11 Double Sixes Dice Game 1:30 70's Revival 2:30 Hanukkah Celebration: Lights to Latkes 3:30 Beach Ball Volley 6 Good Old Days	10 Table Talk 10:30 Comedy Classic 11 Mini Manicures 1:30 Chair Tai Chi 2 Gingerbread Decorating Day- Cookie Delights 3:30 Sing Along to 50's Songs 6 Helping Hands Fold & Sort
10 Show Tunes 10:30 Movie Matinee 11 Table Talk 1:30 Gizmos & Gadgets 2 Guitar Songs and Sing Along with Adam 3:30 Chair Yoga 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Exercise 10:30 What's in The Box 11 Today in History 1:30 Name That Tune 2:30 Off to The Races 3:30 Table Top Shuffleboard 5:30 Campus Outing: To See Local Holiday Lights	9:30 Aviary Bird Club 10 Exercise 10:30 Daily Chronicles & Travel Tales Tuesday 11 Table Top Ring Toss 1:30 Nutcracker Bingo 2:30 Musical Spotlight on Frank Sinatra 3:30 Frisbee Disc Golf 6 Good Old Days	9:30 Aviary Bird Club 10 Noodle Exercise 10:30 That's Malarkey 11 Hymn Sing 1:30 Lost Treasures Scavenger Hunt 2:30 Words of The World 3:30 Bocce Ball Game 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Drumming Exercise 10:30 Scents of The Season 11 Resident Town Hall Mtg. 1:30 Acrylic Skins Paint Pouring 2:30 Penny Ante 3:30 Wii Bowling 6 Good Old Days	9:30 Aviary Bird Club 10 Reach & Stretch 10:30 A to Z 11 Do You Hear What I Hear 1:30 Beat Band Boogie 2:30 December Birthday Social 3:30 Corn Hole Game 6 Good Old Days	10 Table Talk 10:30 Comedy Classic 11 Mini Manicures 1:30 Afternoon Exercises 2:30 Amigo Bingo Game 3:30 Snowflake Creations 6 Helping Hands Fold & Sort Las Posadas Begins Today
10 Musical Favorites 10:30 Movie Matinee 11 Table Talk 1:30 Amen Corner 2 Niki & Miss JoJo Pet Therapy Visit 3:30 Exercise 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Exercise 10:30 Today in History 11 Better Than A Box Bakers 1:30 Experimental Science 2:30 Red Velvet Decadent Delight Social 3:30 Kubb Bowling 6 Tabletop Detective	9:30 Aviary Bird Club 10 Exercise 10:30 Daily Chronicles & Doses of Laughter 11 Basket ball Game 1:30 Bingo 2:30 Art Expression 3:30 Poker Pitch 6 Good Old Days	9:30 Aviary Bird Club 10 Sit & Be Fit 10:30 Where In The World 11 Resident Holiday Gift Getting Gathering 1:30 Floor Darts 2:30 Poinsettia Brooch Making 3:30 Would You Rather 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Exercise 10:30 Good News Review 11 Who Am I 1:30 Amazing Animals to The Rescue 2:30 Winter Wonders Lotto 3:30 Let the Good Times Roll 6 Good Old Days Winter Begins Today	9:30 Aviary Bird Club 10 Exercise 10:30 Mistletoe & Magic 11 Holidays Around the Globe 1:30 All Wrapped Up 2:30 Music Trivia & Tunes 3:30 Horseshoe Pitching 6 Good Old Days	10 Table Talk 10:30 Comedy Classic 11 Mini Manicures 1:30 Chair Tai Chi 2:30 Collectors Corner & Sparkling Cranberry Coolers 3:30 You Tube Karaoke 6 Helping Hands Fold & Sort
10 Country Hits 10:30 Movie Matinee 11 Table Talk 1:30 Chicken Soup for The Christmas Soul & Hymns to Him 2:30 'Twas The Night Before Christmas 3:30 Colorful Designs 6 Helping Hands Fold & Sort	10 Festive Film Fest 11 Table Talk Special meal served at Lunch 2:30 Christmas Songs Sing Along & Eggnog & Cookies 4:30 NY Giants vs Eagles (fox) 6 Tabletop Detective Christmas Day	9:30 Aviary Bird Club 10 Exercise 10:30 Daily Chronicles & Doses of Laughter 11 Music & Melodies 1:30 Bingo 2:30 Customs of Kwanzaa 3:30 Watercolor Painting 6 Good Old Days Kwanzaa Begins Today	9:30 Aviary Bird Club 10 Sit & Be Fit 10:30 You Be the Judge 11 The Sentinel 1:30 Outing: Scenic Ride in the Countryside 2:30 Table Games 3:30 Piano Favorites 6 Helping Hands Fold & Sort	9:30 Aviary Bird Club 10 Noodle Exercises 10:30 Mr. & Mrs. Right 11 Better Than A Box Bakers 1:30 Ring It to Win It 2:30 Ginger Spice & Everything Nice Social 3:30 Disco Dance Party 6 Good Old Days	9:30 Aviary Bird Club 10 Exercise 10:30 Finishing Lyrics 11 Daily Chronicles 1:30 Beach Ball Volley 2:30 Chef's Demo & Sample Social 3:30 De-Signs of The Times 6 Good Old Days	10 Table Talk 10:30 Comedy Classic 11 Mini Manicures 1:30 Exercise 2:30 Quick & Easy Crafting: Winter Door Decor 3:30 Ping Pong Box Toss 6 Movie Night (theatre)
10 Musical Favorites 10:30 Movie Matinee 11 Table Talk 1:30 Finish the Hymn 2:30 Lucky Number Lotto 3:30 Exercise 6 Helping Hands Fold & Sort	 <p>HIDDEN MEADOWS ON THE RIDGE By Discovery Senior Living</p>					 <p>SHINE An Exclusive Memory Care Program By Discovery Senior Living</p>

Please note: Outdoor activities are weather permitting and calendar is subject to change.